ACTIVE 4 ALL 2016

Over 55 & living in Dún Laoghaire Rathdown?
Join us for an morning of fun and activity!

Dún Laoghaire Rathdown Sports Partnership
An Irish Sports Council Initiative

When: 10th & 11th of May 2016 (Choose 1 Day)
Time: 9:30am-2:00pm
Where: dlr Leisure Loughlinstown

Complimentary buses to the venue will leave dlr Leisure Monkstown & Meadowbrook each day at **9.00am Sharp**

Pre-booking essential by completing an application form.
Phone dlr Sports Partnership at 01-271 9502 or email sportspartnership@dlrcoco.ie

Note: Places are limited and will be allocated on a first come, first served basis.
Small fee of **€2** is payable on the day in dlr Loughlinstown

dlr Comhairle Contae County Council

Fóillíochta dlr dlr Leisure

Get Ireland Active
Promoting Physical Activity in Ireland
www.getirelandactive.ie

The Irish Sports Council
An Chomhairle Spóirt

go for life
The National Programme for Sport and Physical Activity for Older People

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Registration Details (PLEASE PRINT)
Please note **places are limited** and will be allocated on a first come, first served basis.

Name: _____

Address: _____

Home phone: _____ **Mobile:**_____
This is needed for confirmation of the day

Are you taking any Medication or do you have any Medical History that we should be aware of? Please provide details.

_____

_____

In case of an emergency please call:

Name:_____ **Phone:**_____

Active 4 All will take place over the following 2 days:
In order of preference on which date would you like to attend?
Please number the boxes. We will do our best to accommodate your selection.

Tuesday 10th May ☐ **Wednesday 11th May** ☐

A complimentary bus to the venue is leaving from dlr Leisure Meadowbrook and Monkstown Centres at 9am sharp.
If you wish to avail of this service please tick the appropriate box.

Meadowbrook ☐ **Monkstown** ☐

TERMS & CONDITIONS:
Please let us know if you have special dietary requirements by ringing 01 271 9502
-dlr County Council, dlr Sports Partnership and dlr Leisure accepts no responsibility for items lost or stolen whilst in attendance at this event
- dlr County Council, dlr Sports Partnership and dlr Leisure reserve the right to use any photographs taken at this event for future publications.
- dlr County Council, dlr Sports Partnership and dlr Leisure do not accept any responsibility for any illness or injury, which could occur whilst in attendance at this event.

Declaration:
I am of reasonable health & fitness, and I have read the above, understand & agree with the Terms and conditions.

Signed: _____ **Date:** _____

Post completed forms to:
dlr Sports Partnership, County Hall, Marine Road,
Dun Laoghaire, Co Dublin (01-271 9502)